

# Caregivers: Get the Break You Deserve!

Daily-Rate Overnight Respite Service gives caregivers a break so they can tend to other needs or get away

Lyngblomsten is pleased to offer overnight respite care at its senior living campus in Lino Lakes (6070 Blanchard Blvd., Lino Lakes). This service allows family caregivers to take a break (or respite) from their caregiving responsibilities. During their stay, participants have their health and personal care needs met while connecting with others and participating in campus programs (e.g., art activities, games, concerts, movies).

As an additional support, family caregivers can connect with a social worker from Lyngblomsten Community Services for resources, education, and support for their caregiving journey. These conversations can take place both during and before/after a person's respite stay.

## Accommodations:

- Those receiving care will reside in a furnished Assisted Living or Memory Care apartment (comes with a bed, recliner, dresser, linens, towels, & soap).

## Timeframe:

- Respite is offered based on room availability.
- Maximum stay is 30 days. (For respite lasting longer than 30 days, please contact Angie Quick.)

## Admission Process:

- Participants must be 62 years or older.
- Admissions accepted Monday through Thursday.
- Participants must complete pre-admission paperwork (including a doctor's orders) and have an assessment completed with a Lyngblomsten nurse.
- Because of these requirements, our overnight respite cannot be offered for emergency situations or with short notice. **Caregivers are encouraged to allot at least two weeks for completing all pre-admission requirements before their requested respite dates.**

**Cost:** Please see the back of this page for packages and pricing.



Assisted Living Dining Room



Memory Care Living Room



*"My wife Jeanne found happiness and comfort during her five-day stay. The staff went above and beyond to ensure she felt at home and engaged. Although I was out of touch with her while away, I was comforted by the knowledge that she was receiving attentive and compassionate care."*

—John L., Family Caregiver

# Packages & Pricing

**Pre-admission Nursing Assessment:** \$275

*Required for all Assisted Living & Memory Care Packages*

## Assisted Living Respite Packages

For adults 62+ who need assistance with activities of daily living.

## Memory Care Respite Packages

For adults 62+ who have dementia and need to reside in a secured wing due to wandering or elopement concerns and/or would benefit from specialized programming.

	Package A \$225 per day	Package B \$300 per day	Package C \$375 per day	Package D \$475 per day
Service				
<b>Fully furnished apartment</b>	X	X	X	X
<b>Weekly laundry, housekeeping, and linen service</b>	X	X	X	X
<b>Meals (three per day)</b>	X	X	X	X
<b>Escorts to meals and activity programs</b>	X	X	X	X
<b>Emergency pendant</b>	X	X	X	X
<b>Safety check(s)</b>	Once per day	Once per day	Up to 4 times per day	5 or more times per day
<b>Medication assistance</b>	Medication reminders	Medication administration	Medication administration	Medication administration
<b>Shower assistance</b>		Once per week	Once per week	Once per week
<b>Bathroom assistance</b>		Up to 4 times per day	Up to 4 times per day	5 or more times per day
<b>Dressing and grooming assistance</b>		X	X	X
<b>Behavior management</b>			Mild behavior management and/or occasional redirection	Moderate behavior management and/or frequent redirection
<b>Additional services</b>				<ul style="list-style-type: none"> <li>• Transfer assistance with one staff</li> <li>• Insulin administration and/or blood sugar checks</li> <li>• CPAP and/or nebulizer assistance</li> </ul>