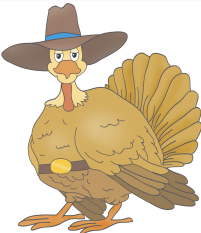


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER						1 9:30am Exercise Class - DR 1:30pm Movie: "Heart of Champions" - Ch #2 3:00pm Coffee Social - DR
2 10:30am Worship - CH/ Ch #2 3:00pm Coffee Social - DR Daylight Saving Time Ends	3 9:00am Visit from Mayor Carter-CH/ Ch #2 10:00am Wellness Clinic - LB 10:30am Giant Crossword - DR 1:00pm Cribbage Club - 1st LG 2:00pm Exercise Class - DR 3:00pm Popcorn Social - DR	4 *10:10am Newtrax Bus Pickup* 1:00pm Art with Heart 1st Class - 1st LG 2:00pm Book Club with Ruth - 2nd LG 3:00pm Art with Heart 2nd Class - 1st LG 3:00pm Coffee Social - DR 3:00pm The MN Opera "Cosi Fan Tutti" - APT's DR	5 *10:45am Hidden Treasures Shopping and Lunch Outing* 1:30pm- 3:00pm Grin's Gathering - LO 3:00pm/ 3:30pm Rosary/ Mass - CH/ Ch #2 3:00pm Coffee Social - DR 4:00pm Catholic Communion - LB	6 FOOT NURSE HERE 10:00am Nature Based Therapy - 1st LG 1:00pm Parkinsons Support Group - 2nd LG 2:00pm Exercise Class - DR 2:00pm David Billingsley Concert - CH/ Ch #2 3:00pm Coffee and Donuts Social - DR	7 10:00am Fun with the Eagle Wings Homeschool Group - TBD 10:00am- 11:00am Mobile Library - Outside APTs 12:45pm Protestant Communion - DR 1:00pm Bible Study - 1st LG 1:00-4:00pm Tech with Chuck 2:00pm Guitar Music by Mary Hall - CH/ Ch #2 3:00pm BINGO and Coffee - DR	8 No Exercise today 1:30pm Movie: "The Art of Racing Through the Rain" - Ch #2 3:00pm Coffee Social - DR
9 10:30am Worship - CH/ Ch #2 3:00pm Coffee Social - DR	10 10:00am Wellness Clinic - LB 10:30am Giant Crossword - DR 1:00pm Cribbage Club - 1st LG 2:00pm Exercise Class - DR 2:00pm Veterans Day Celebration - CH/ Ch #2 3:00pm Popcorn Social - DR	11 *10:10am Newtrax Bus Pickup* 1:00pm Art with Heart 1st Class - 1st LG 2:00pm Book Club with Ruth - 2nd LG 3:00pm Art with Heart 2nd Class - 1st LG 3:00pm Coffee Social - DR Veterans Day	12 10:00am Manicures - 1st LG 1:30pm- 3:00pm Grin's Gathering - LO 3:00pm/ 3:30pm Rosary/ Mass - CH/ Ch #2 3:00pm Coffee and Cookies Social - DR 4:00pm Catholic Communion - LB	13 1:00pm Women's Group - 1st LG 2:00pm Exercise Class - DR 2:00pm Guitar with Jeff Lambert - CH/ Ch #2 3:00pm Unwrapping Music Class - DR 3:00pm Coffee Social - 1st LG	14 10:00am Activity Meeting - 1st LG 12:45pm Protestant Communion - DR 1:00pm Bible Study - 1st LG 2:00pm Centennial Stompers Dixieland Band - CH/ Ch #2 3:00pm Ice Cream Social- DR	15 9:30am Exercise Class - DR 1:30pm Movie: "You Gotta Believe" - Ch #2 3:00pm Coffee Social - DR
16 10:30am Worship - CH/ Ch #2 3:00pm Coffee Social - DR	17 10:00am Wellness Clinic - LB 10:30am Giant Crossword - DR *1:00pm Como Conservatory "Fall Flowers Show"* 1:00pm Cribbage Club - 1st LG No Exercise today 3:00pm Popcorn Social - DR	18 *10:10am Newtrax Bus Pickup* 12:30pm Resident Council - DR 2:00pm Book Club with Ruth - 2nd LG 2:00pm Deaf Resident Support Meeting - LB 3:00pm October Birthday Party - DR 3:00pm Coffee Social - DR	19 1:00pm Men's Group - 1st LG 1:30pm- 3:00pm Grin's Gathering - LO 3:00pm/ 3:30pm Rosary/ Mass - CH/ Ch #2 3:00pm Coffee Social - DR 4:00pm Catholic Communion - LB	20 10:00am Nature Based Therapy 1st LG 11:30am Boiled Dinner with Guitar Music- DR 2:00pm Exercise Class- DR 3:00pm Coffee Social - DR 4:00pm Quarterly Memorial Service - CH/ Ch #2	21 10:00am- 11:00am Mobile Library - Outside APTs 11:30am Keys Cafe Outing 12:45pm Protestant Communion - DR 1:00pmBible Study - 1st LG 2:00pm Splendid Clarinet Trio - CH/ Ch #2 3:00pm BINGO and Coffee- DR	22 9:30am Exercise Class - DR 1:30pm Movie: "South Pacific" - Ch #2 3:00pm Coffee Social - DR
23 10:30am Worship - CH/ Ch #2 3:00pm Coffee Social - DR	24 10:00am Wellness Clinic - LB 10:30am Giant Crossword - DR 1:00pm Cribbage Club - 1st LG 2:00pm Exercise Class - DR 3:00pm Popcorn Social - DR	25 8:30am Hot Breakfast - DR *10:10am Newtrax Bus Pickup* 1:00pm Resident Meeting - 1st LG 2:00pm Book Club with Ruth - 2nd LG 3:00pm Coffee Social - DR	26 10:00am Manicures - 1st LG 10:30am Thanksgiving Worship - CH/Ch #2 1:30pm- 3:00pm Grin's Gathering - LO 3:00pm/ 3:30pm Rosary/ Mass - CH/ Ch #2 3:00pm Story Songs Class - DR 3:00pm Coffee Social - 1st LG 4:00pm Catholic Communion - LB	27 3:00pm Coffee Social - DR  Thanksgiving Day (U.S.)	28 3:00pm Ice Cream Social- DR	29 9:30am Exercise Class - DR 1:30pm Movie: "Last Holiday" - Ch #2 3:00pm Coffee Social - DR
30 10:30am Worship - CH/ Ch #2 3:00pm Coffee Social - DR	DR = Dining Room LG = Lounge LO = Lobby LB = Library CH = Chapel Ch #2 = Channel #2 APTs = Lyngblomsten Apartments *Starred* = Outings					

Times and dates are subject to change