

What Is a Memory Minders Kit?

Memory Minders – A Kit for Caregivers are specially created for caregivers who are caring for people experiencing memory loss.

The materials in these Kits are specifically selected to **spark memories, create conversation and provide positive and engaging interactions** between people with Alzheimer's and Dementia and their care partners.

Each Kit is unique and features a variety of materials for care partners.

The **Memory Minders Kits** are available at:

Roseville Library
2180 Hamline Ave N.

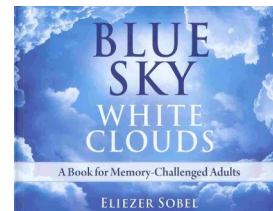
Shoreview Library
4560 Victoria St. N.

www.rcireads.org

What Does the Memory Minders Kit Contain?

The **Memory Minders Kits** contain:

- An **interactive activity** for use with those with memory loss (such as a puzzle, bingo, games, or conversation cards)
- A **book** with colorful illustrations specifically created for individuals with memory loss
- A **cd** with music to soothe and spark memory
- **A Caregiver's Guide to Dementia** by Laura Gitlin, which provides activities and techniques to assist with the behavioral symptoms of dementia.
- Book lists and tip sheets for care partners.



Which Kit Should I Choose?

The **Memory Minders Kits** are divided into three Activity Levels*: High, Middle and Low.

High Activity Level (Early Stage Dementia):

- Dresses self with occasional errors; needs help with details
- Understands the goal of the task; uses what is seen as cues for what to do
- Needs periodic cueing

Middle Activity Level (Middle Stage Dementia):

- Dresses with help for the basic steps and details
- Doesn't understand the goal but has some awareness of task steps
- Needs step by step cuing

Low Activity Level (Late Stage Dementia):

- Needs physical help with all the steps
- Doesn't understand the purpose or task steps
- Caregiver physical assist; hand over hand

* Activity Level descriptions courtesy of **Mindstart**

MindStart
www.mindstart.com

More Information about Memory Minders

Checking Out:

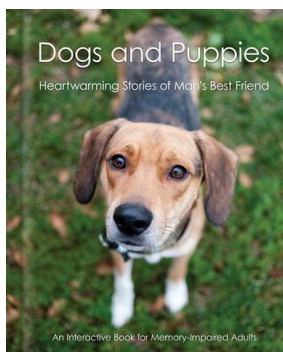
- Memory Minder Kits can be checked out for three weeks.
- Kits are renewable.

Checking In:

- Kits may be returned to the desk of any branch of Ramsey County Library.
- Please bring kits to the Circulation Desk for check in. (No bookdrop returns, please.)

Requests:

- Kits may be requested on our catalog.
- If you would like a particular Kit or activity, please ask a librarian for assistance.



Overdues:

- Overdue charges for Kits are \$0.30 per day, up to a limit of \$15.00.

Replacement Costs:

- Replacement cost for an entire Kit is \$50.00.

Need More Info? Contact Carol Jackson, Shoreview Library Manager, at cjackson@rclreads.org or 651-724-6090.

Memory Minders Kit

These kits are made possible through the generous sponsorship of the following organizations:



Memory Minders Kit Sponsors:

Cherrywood Pointe
cherrywoodpointe.com

Lyngblomsten
lyngblomsten.org

Sunrise Senior Living
sunriseseniorliving.com

New Perspectives Senior Living
npseniorliving.com

Friends of Ramsey County Libraries
rclfriends.org

Rsvl A/D
cityofroseville.com/dementiainfo



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Memory Minders: A Kit for Caregivers

Of Those with
**Alzheimer's, Dementia,
or Memory Loss**

