

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>November 2025</h1> <h2>Lyngblomsten at Lino Lakes Memory Care</h2>						1 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Brain Games 1:30PM Movie: Resident Choice 1:45PM Bingo in the Chapel 3PM Snack Time
2 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Ball Toss 1PM Movie: Resident choice 3PM Snack time 4PM 1-1 Visits <small>Daylight Saving Time Ends</small>	3 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Sing Along 2PM Walking Club 3PM Snack Time 4PM Hydration Station	4 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hymn Sing/Devotions 2PM MacPhail Guitarist Performance (CH) 3PM Snack Time 3:30PM Bean Bag Toss	5 9:45AM Morning Chat/News 10AM Mixed Media Art (2AL) 1PM Catholic Service 2PM Afternoon Exercise 3PM Snack Time 3:30PM Fancy Fingers	6 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hand Massages 1PM Worship Service 2PM Read Aloud Stories and Hot Chocolate 3PM Snack Time	7 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Arts and Crafts 1PM MacPhail-Music for Life 2:30PM Poetry Reading 3PM Snack Time 3:30PM Balloon Toss	8 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Brain Games 1:30PM Movie: Resident Choice 1:45PM Bingo in the Chapel 3PM Snack Time
9 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Ball Toss 1PM Movie: Resident choice 3PM Snack time 4PM 1-1 Visits	10 9:45AM Morning Chat/News 10:15AM Morning 11AM Sing Along 2PM Walking Club 2:30-4:30PM Makers & Masters Fair (CH) 3PM Snack Time	11 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Patriotic Sing Along 2PM Veteran's Program (CH) 3PM Snack Time 3:30PM Balloon Toss <small>Veterans Day Remembrance Day (Canada)</small>	12 9:45AM Morning Chat/News 10AM Mixed Media Art (2AL) 1PM Catholic Service 2PM Afternoon Exercise 3PM Snack Time 3:30PM Fancy Fingers	13 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hand Massages 1PM Worship Service 2PM Read Aloud Stories and Hot Chocolate 3PM Snack Time	14 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Arts and Crafts 2PM Outing to Barnes & Noble 3PM Snack Time 3:30PM Noodle Ball	15 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Brain Games 1:30PM Movie: Resident Choice 1:45PM Bingo in the Chapel 3PM Snack Time
16 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Ball Toss 1PM Movie: Resident choice 3PM Snack time 4PM 1-1 Visits	17 9:45AM Morning Chat/News 10:15AM Morning 11AM Sing Along 2PM Walking Club 3PM Snack Time 4PM Hydration Station	18 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM <i>Let's Talk Tupperware</i> 2PM Hymn Sing/Devotions 3PM Snack Time 3:30PM Bean Bag Toss	19 9:45AM Morning Chat/News 10AM Nature Based Therapy 1PM Catholic Service 2PM Afternoon Exercise 3PM Snack Time 3:30PM Fancy Fingers	20 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hand Massages 1PM Worship Service 2PM Music with Jim 3PM Snack Time	21 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Arts and Crafts 1PM MacPhail-Music for Life 2:30 PM November Birthday Celebration in Wally's 3PM Snack Time 3:30PM Balloon Toss	22 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Brain Games 1:30PM Movie: Resident Choice 1:45PM Bingo in the Chapel 3PM Snack Time
23 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Ball Toss 1PM Movie: Resident choice 3PM Snack time 4PM 1-1 Visits	24 9:45AM Morning Chat/News 10:15AM Morning 11AM Sing Along 2PM Walking Club 3PM Snack Time 4PM Hydration Station	25 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hymn Sing/Devotions 2PM Armchair Travel to Sweden 3PM Snack Time 3:30PM Balloon Toss	26 9:45AM Morning Chat/News 10:15AM Morning Stretch 1PM Catholic Service 1:45PM Kings Bakery Outing 2PM Bowling 3PM Snack Time 3:30PM Fancy Fingers	27 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Hand Massages 2PM Movie: "Daddy Day Care" 3PM Snack Time <small>Thanksgiving Day (U.S.)</small>	28 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Arts and Crafts 2PM Learn about the Doolittle Raid 3PM Snack Time 3:30PM Noodle Ball	29 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Brain Games 1:30PM Movie: Resident Choice 1:45PM Bingo in the Chapel 3PM Snack Time
30 9:45AM Morning Chat/News 10:15AM Morning Stretch 11AM Ball Toss 1PM Movie: Resident choice 3PM Snack time 4PM 1-1 Visits	<div> <div> <p>All activities are Subject to Change Items in BOLD are special events.</p> <p>-----</p> <p>Any Questions Can be Directed to, Laura Iverson, Life Enrichment Coordinator (651) 515-1729 or Liverson@lyngblomsten.org</p> </div>  </div>					