

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>10AM Chair Yoga (F) 11AM Gentle Ai-Chi (P) 1PM Yarn & Fabric Club (S) 3:15PM Mexican Train (2AL)</p> <p>Canada Day</p>	<p>10AM M. Media Art (2AL) 12:45PM Walking Group (L) 1PM Seated Strength (F) 1PM Polymer Clay Class (S) 1PM Catholic Service (CH) 2PM Water Aerobics (P) 2PM Bridge (2AL) 2:30PM Weight/Cardio Room with Volunteer 5PM Patriotic Happy Hour in the Tavern</p>	<p>10AM Chair Yoga (F) 2:15PM Bingo (CH) 3:30PM Grief Group (CR) 6PM S'mores Night (SC/CY)</p>	 <p>Independence Day (US)</p>	<p>10AM Golf Simulator (G) 12:45PM Walking Group (L) 1:45PM Scrabble (2AL) 1:45PM Bingo (CH) 6:30PM Gather & Games in Sophia's Café</p>
	<p>1:30PM Movie (T) "And So It Goes" (2014) Romance/Comedy 1 ½ hrs.</p> <p>7PM Show Series (T) "The Chosen" Historical/Drama</p>	<p>10:30AM Bible Study (CR) 12:45PM Walking Group (L) 1PM Seated Strength (F) 2PM Water Aerobics (P) 2PM Men's Group (G)</p>	<p>10AM Chair Yoga (F) 10AM Saori Weaving Workshop (CH) 11AM Gentle Ai-Chi (P) 1PM Yarn & Fabric Club (S) 3:15PM Mexican Train (2AL) 7PM Evening Bingo (CH)</p>	<p>10AM M. Media Art (2AL) 12:45PM Walking Group (L) 1PM Seated Strength (F) 1PM Catholic Service (CH) 2PM Water Aerobics (P) 2PM Bridge (2AL) 2:30PM Weight/Cardio Room with Volunteer</p>	<p>10AM Chair Yoga (F) 11AM Polish& Pamper(2AL) 1PM Worship (CH) 2:15PM Snack n' Chat (CR) 3:30PM Grief Group (CR) 6PM Movie Night (T) "Arthur's Whisky" (2024) Comedy 1 ½ hrs.</p>	<p>10AM Golf Simulator (G) 12:45PM Walking Group (L) 1:45PM Scrabble (2AL) 1:45PM Bingo (CH) 6:30PM Gather & Games in Sophia's Café</p>
	<p>1:30PM Movie (T) "The Golden Voice" (2025) Drama/Faith 1 ½ hrs.</p> <p>7PM Show Series (T) "The Chosen" Historical/Drama</p>	<p>10:30AM Bible Study (CR) 12:45PM Walking Group (L) 1PM Seated Strength (F) 2PM Water Aerobics (P) 2PM Men's Group (G) 3:30PM Piano w Garret (CH)</p>	<p>9AM TARGET 9:45AM FIRE DRILL 1PM Yarn & Fabric Club (S) 2PM Arm Chair Travel: Iceland (CH) 3:15PM Mexican Train (2AL)</p>	<p>10AM M. Media Art (2AL) 10:30AM Memory Loss Caregiver Support Group (S) 12:45PM Walking Group (L) 1PM Seated Strength (F) 1PM Catholic Service (CH) 2PM Water Aerobics (P) 2PM Bridge (2AL) 2:30PM Weight/Cardio Room with Volunteer</p>	<p>8:15AM BOATING: ST. CROIX VALLEY 10AM Chair Yoga (F) 2:15PM Bingo (CH) 3:30PM Grief Group (CR) 6PM S'mores Night (SC/CY)</p>	<p>10AM Golf Simulator (G) 12:45PM Walking Group (L) 1:45PM Scrabble (2AL) 1:45PM Bingo (CH) 6:30PM Gather & Games in Sophia's Café</p>
	<p>1:30PM Movie (T) "Just Getting Started" (2017) Comedy 1 ½ hrs.</p> <p>7PM Show Series (T) "The Chosen" Historical/Drama</p>	<p>10:30AM Bible Study (CR) 12:45PM Walking Group (L) 1PM Seated Strength (F) 2PM Water Aerobics (P) 2PM Men's Group (G) 3:30PM Piano w Garret (CH)</p>	<p>10AM Chair Yoga (F) 11AM Gentle Waterwork(P) 1PM Yarn & Fabric Club (S) 2:30PM Town Home Mtg (CH) 3:15PM Mexican Train (2AL) 7PM Evening Bingo (CH)</p>	<p>10AM M. Media Art (2AL) 12:45PM Walking Group (L) 1PM Seated Strength (F) 1PM Catholic Service (CH) 1PM Collagraph Class (S) 2PM Water Aerobics (P) 2PM Bridge (2AL) 2:30PM Weight/Cardio Room with Volunteer</p>	<p>10AM Chair Yoga (F) 11AM Polish& Pamper(2AL) 1PM Worship (CH) 2:15PM Snack n' Chat (CR) 3:30PM Grief Group (CR) 6PM Movie Night (T) "Elvis" (2024) Music/Documentary 1 ½ hrs.</p>	<p>10AM Golf Simulator (G) 12:45PM Walking Group (L) 1:45PM Scrabble (2AL) 1:45PM Bingo (CH) 6:30PM Gather & Games in Sophia's Café</p>
<p>1:30PM Movie (T) "Lost on a Mountain in Maine" (2024) Adventure/Drama 1 ½ hrs.</p> <p>7PM Show Series (T) "The Chosen" Historical/Drama</p>	<p>10:30AM Bible Study (CR) 12:45PM Walking Group (L) 1PM Seated Strength (F) 2PM Water Aerobics (P) 2PM Men's Group (G) 3:30PM Piano w Garret (CH)</p>	<p>9AM WALMART 10AM Chair Yoga (F) 1PM Yarn & Fabric Club (S) 2-5PM Feed My Starving Children-Volunteer Op. 2:30PM Tuesday Book Club (CR) 3:15PM Mexican Train (2AL)</p>	<p>10AM M. Media Art (2AL) 12:45PM Walking Group (L) 1PM Seated Strength (F) 1PM Catholic Service (CH) 1PM Collagraph Class (S) 2PM Water Aerobics (P) 2PM Bridge (2AL) 2:30PM Weight/Cardio Room with Volunteer</p>	<p>10AM Chair Yoga (F) 1PM Worship (CH) 2:15PM Bingo (CH) 3:30PM Grief Group (CR) 6PM S'mores Night (SC/CY)</p>	<p>ROOM KEY LOCATED ON LAST PAGE OF THE NEWSLETTER</p> 	

Items in Bold Are Special Events. Schedule Subject to Change. Any Questions Contact Director of Life Enrichment, Kaitlyn Olson (651) 515-1730.