



July 10, 2024

Contact: Tricia Theurer
ttheurer@lyngblomsten.org
(651) 632-5377
1415 Almond Avenue
St. Paul, MN 55108

Lyngblomsten to offer new enrichment program for those living with memory loss and their care partners starting in August

ST. PAUL, Minn. (July 10, 2024) — Lyngblomsten, a Minnesota nonprofit senior services organization, will launch a new program this summer—the Pop-Up Arts Memory Café—for those living with memory loss and their care partners.

The Pop-Up Arts Memory Café, offered by Lyngblomsten Community Services, is an opportunity for those living with memory loss and their care partners to come together in a friendly environment to connect, laugh, express their creativity, and receive helpful information about caregiving.

The program is led by Lyngblomsten staff who are specially trained to understand the distinctive needs of people experiencing memory loss. Each session of the Pop-Up Arts Memory Café will include:

- Time to socialize over coffee and treats
- A hands-on art project, led by teaching artist Harper Steinbach
- A small-group gathering for care partners, facilitated by Lyngblomsten social worker Lisa Brown

The Pop-Up Arts Memory Café will be held at the Lyngblomsten Como Park campus (1415 Almond Ave., St. Paul, MN 55108) twice per month on Wednesdays from 10–11:30 AM, starting August 14, 2024, and ending December 11, 2024. Participants will be asked to make a contribution, if they're able.

“The Pop-Up Arts Memory Café is a great addition to our programming,” said Julie Pfab, Director of Lyngblomsten Community Services. “We’re excited to offer an informal time for those living with memory loss and their care partners to socialize and do an art activity. Plus, care partners have the opportunity to share with each other and learn about resources. And there’s no long-term commitment required; they can attend as many sessions as they’d like to throughout the summer and into the fall.”

To learn more about the Pop-Up Arts Memory Café and to register online, visit www.Lyngblomsten.org/MemoryCafe. Or, contact Lisa Brown with Lyngblomsten Community Services at caregiving@lyngblomsten.org or (651) 632-5320.

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About Lyngblomsten

Incorporated in 1906, Lyngblomsten is a Minnesota-based Christian nonprofit organization enhancing the quality of life for older adults of all faiths and cultures through its healthcare and housing facilities and its community services programs. Connect with Lyngblomsten at www.Lyngblomsten.org or through its Facebook account.

About Lyngblomsten Community Services

For more than 40 years, Lyngblomsten Community Services has been empowering older adults in the St. Paul and the east/northeast metro to live well at home. Programs it offers include: support for informal family caregivers, memory loss enrichment programming, wellness opportunities, and resources to churches. This program is offered in conjunction with Lyngblomsten's Lifelong Learning and the Arts.

Lyngblomsten Community Service is supported, in part, by gifts made to the Lyngblomsten Foundation and is funded under an award with Trellis as part of the Older Americans Act.