

EXPECTANT



Hope

Expectant Hope

May the God of hope fill you with all joy and peace as you
trust in Him, so that you may overflow with hope
by the power of the Holy Spirit. –Romans 15:13

Dear Friends of Lyngblomsten,

2021 was a momentous year, and we are filled with expectant hope!

In the past year, Lyngblomsten continued dealing with COVID-19 and its related healthcare and staffing challenges. Through it all, staff have stayed the course innovatively and passionately carrying out our mission, while tenants, residents, and families adjusted to ongoing changes in protocols and programming. Vaccinations late in 2020 and early 2021 bolstered our hope for a resolution to the pandemic. Hope grew with the full return of visitors, the reengagement of volunteers, and a rebound of census in the care center. We see signs that the pandemic is loosening its grip following an uptick through the holidays and beginning of 2022. Our prayers continue for an end to this pandemic and for the consolation of those who have lost loved ones to this disease.

In addition to the ongoing modifications to our resident programs, Lyngblomsten's community programs found ways to thrive online. New-found skills with technology are leading us into new ways of providing services to people beyond our Como Park campus. The Care Ministry Network and eRespite are great examples of innovating the delivery of learning and service. With work begun in 2021 adopting and developing an online engagement platform, 2022 will bring even more online services to even more people.

After a long pause begun in 2020 to focus on the pandemic, the development of a second campus resumed. About half of the past year was spent on arranging the necessary permits, approvals, and financing for this important new project. The persistence of Lyngblomsten's administrative team and the hard work of many has resulted in groundbreaking, site clearing, and foundation pouring at the Lino Lakes campus on the northwest corner of Hodgson Road and County Road J. Reservations are being received for housing options on the new campus which will welcome its first tenants to the townhomes later this year and to the apartments in 2023.

Because we trust in Him, we indeed have hope!

In Christ,



Pastor Martin Ericson Board Chair



Jeffrey Heinecke President & CEO



Reverend Kelley Bergeson, Director of Spiritual Care for Lyngblomsten, leads an ecumenical worship service for care center residents on Easter Sunday. The April 4, 2021, gathering was one of the first times residents had been able to worship together in person since the pandemic began.

Pandemic trials give way to hope

As 2020 wrapped up and 2021 began, glimmers of hope were appearing as the first COVID vaccines became available. By mid-March, the majority of Lyngblomsten's residents, tenants, and employees were fully vaccinated—making way for a gradual return of familiar activities, from full indoor visitation opportunities to on-campus volunteers and more. A year filled with trials gave way to one filled with renewed hope!

Shovels signify hopes realized

2021 saw the hopes and hard work of many come to fruition as Lyngblomsten broke ground for a new senior living campus in Lino Lakes—a project that had been put on hold when the pandemic hit. By the time the Lyngblomsten Board of Directors gave final approval for the project in late September, nearly a decade's worth of visioning and planning had taken place. When construction is complete in 2023, the campus will include detached rental townhomes, independent and assisted living apartments, memory care apartments, and an array of indoor and outdoor amenities.



Members of the Lyngblomsten Board of Directors are all smiles during a ceremonial groundbreaking for the new campus. Around 80 people attended the event on November 9, 2021.

2021 Highlights



A Lyngblomsten tenant receives her COVID-19 booster shot.

Residential Services

- The Lyngblomsten Care Center, Lyngblomsten Apartments, and The Heritage at Lyngblomsten continued to respond to the COVID-19 pandemic, following guidance from federal and state health agencies related to visitation, testing, staffing, and more. Updated guidelines issued in the fall allowed for more consistent indoor visitation opportunities for care center residents, with nearly all visitation restrictions lifted by the end of the year.
- From December 2020 through March 2021, Lyngblomsten held COVID-19 vaccine clinics for residents, tenants, essential caregivers, and employees. Booster shot clinics occurred in November, so that by year's end, much of the Lyngblomsten community had received all recommended vaccine doses.
- In August, The Heritage at Lyngblomsten apartments became licensed as an assisted living facility. This change was needed due to a new assisted living law that took effect for the state of Minnesota that month.
- Home Health Services (which provides personal/home care services for Lyngblomsten housing tenants) modified its program for The Heritage at Lyngblomsten to align with the new assisted living law. Our Home Health team also serves tenants at the Lyngblomsten Apartments under its comprehensive home care license.
- After nearly a decade of planning, Lyngblomsten broke ground in late fall for its new continuum-of-care senior living campus in Lino Lakes. Around 80 people attended the ceremonial groundbreaking on November 9, including project representatives, city officials, board directors, and future residents. Financing closed for the \$65 million project on October 5, which had received final approval from the Lyngblomsten Board of Directors a week earlier.



A volunteer and participant work together on a project during The Gathering.

Community Services

NOTE: "2nd Half with Lyngblomsten" and "Lyngblomsten Community Services" are used interchangeably.

- 2nd Half with Lyngblomsten continued to offer community programming remotely (i.e., online, over the phone, and via email), including social opportunities, educational presentations, and caregiver services (e.g., one-on-one coaching, Group eRespite).
- After an 18-month hiatus due to the pandemic, The Gathering group respite program relaunched in October for participants and their caregivers. While maintaining its core focus, the program underwent modifications that accounted for challenges and opportunities identified in a sustainability study conducted in 2021.
- Lyngblomsten became a collaborative partner with the Faith Community Nurse Network of the Greater Twin Cities (FCNN). This partnership allows 2nd Half with Lyngblomsten to expand its evidence-based wellness classes to the community, and it helps strengthen Lyngblomsten's support for parish nurses.



A group of tenants and their new friend are all smiles on a cold winter day.

Supporters

- Lyngblomsten welcomed volunteers back into its campus buildings in May, having not hosted them inside since the pandemic began. By year's end, 140 individuals had given nearly 3,100 hours of service for the Lyngblomsten community—delivering mail, escorting residents to on-campus appointments, serving with The Gathering, assisting with projects remotely, and more.
- For the second year in a row, the Lyngblomsten Foundation held its Spring Gala fundraiser virtually due to the pandemic. Broadcast live from a studio in Crystal, the hourlong program surpassed its fundraising goal of \$70,000 by nearly 30 percent. Funds raised went to support 2nd Half with Lyngblomsten community services.
- The Lyngblomsten Foundation worked on several special projects, including closing out the capital campaign, consulting with the Community Services team to design a strategic sustainability plan for 2nd Half with Lyngblomsten, refreshing planned giving, and exploring an endowment for Community Services.
- At the President's Dinner in October, Sherwin Singsaas was presented with the Anna Quale Fergstad Award



Jeff Heinecke presents Sherwin Singsaas with the Anna Quale Fergstad Award

for Distinguished Service in recognition of his generous sharing of time and treasure with Lyngblomsten.



Top: With KARE-11's Karla Hult as emcee, the Spring Gala was broadcast live from a studio in Minneapolis.



Bottom: Tenants from the Lyngblomsten Apartments dance during a class session with the Cowles Center.

Other

- As pandemic conditions stabilized, Lyngblomsten's Lifelong Learning & the Arts Department offered in-person enrichment opportunities for housing tenants, while also continuing to make available a variety of online resources. Program partners for these in-person activities included the Northern Clay Center, Art with Heart, Ageless Grace, the Cowles Center, the Bach Society of Minnesota, and OOPS-MN (Opera-Oriented Project Sponsorships).
- Amid ongoing concerns about the pandemic, Lyngblomsten decided not to host the annual Mid-Summer Festival.
- eMenuChoice expanded its customer base by nearly 25 percent—reaching 261 sites across 38 U.S. states—and grew revenue by 40 percent. A number of new product features were developed, which included many improvements to the resident/family member experience when accessing their accounts to place orders and make reservations. As the company was on track to reach break-even in 2022, options around long-range strategies began being discussed.

Lyngblomsten Corporate

People Served

January–December 2021

390 persons

Community Services
(2nd Half with Lyngblomsten)

143 persons

Home Health Services

659 persons

Lyngblomsten Care Center

120 persons

Lyngblomsten Apartments

59 persons

The Heritage at Lyngblomsten

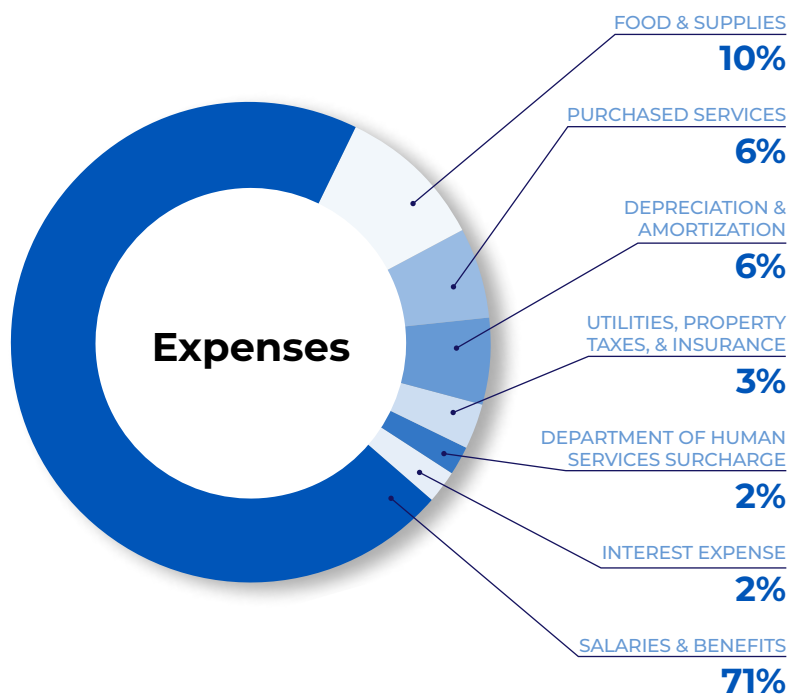
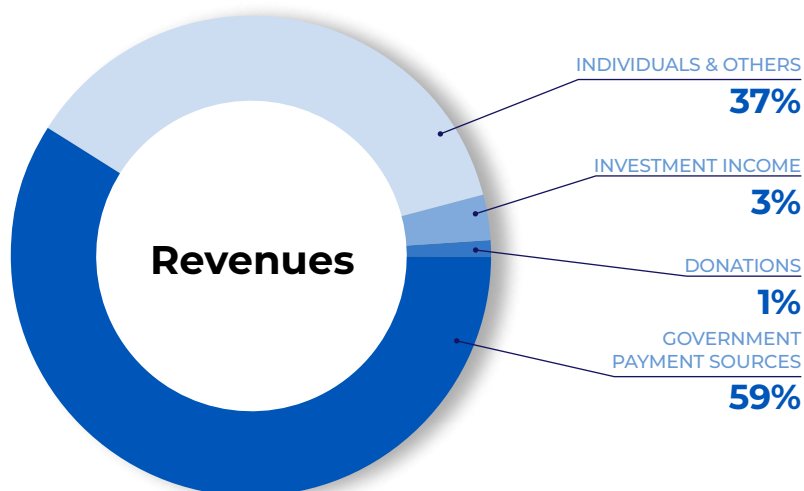
67,493 persons

eMenuCHOICE®

Note: Number of people served is less than a typical year due to COVID-19.

Financials

January–December 2021



Note: Lyngblomsten received COVID-19 funds from the Paycheck Protection Program and the Provider Relief Fund.

Community Involvement

Fundraising Statistics

January–December 2021

\$472,367

Total Gifts Received

620

Total # of Donors

1,314

Total # of Gifts

Memberships

Heritage Society
36 Households

Persons who have chosen to help ensure the future capacity of Lyngblomsten by providing financial support through a charitable gift annuity, naming Lyngblomsten in their will or life insurance beneficiary, or establishing an endowment of \$10,000 or more.

President's Club
83 Households

Annual membership granted to donors giving \$1,000 or more during the fundraising year.

Volunteer & Corporate Engagement Statistics

January–December 2021

3,058*

Total # of Hours Volunteered

276*

Total # of
Registered
Volunteers

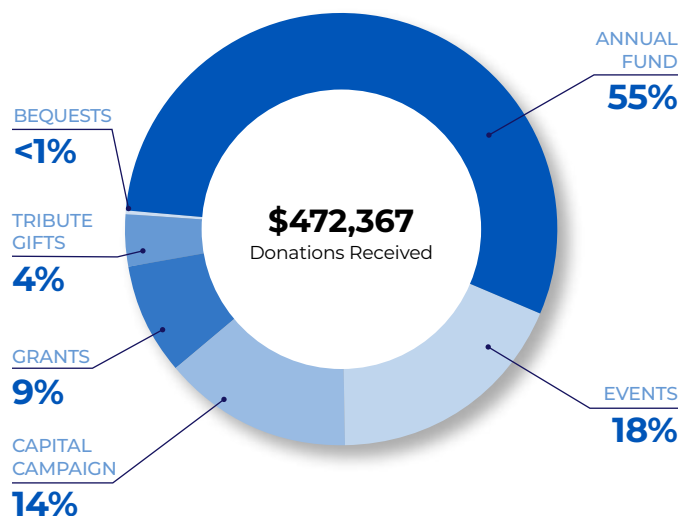
30

of Corporate
Sponsors

*Note: Volunteerism in 2021 was substantially lower than typical due to the COVID-19 pandemic, which included not hosting volunteer groups on campus. In addition, no Youth Volunteer Scholarships were awarded in 2021.

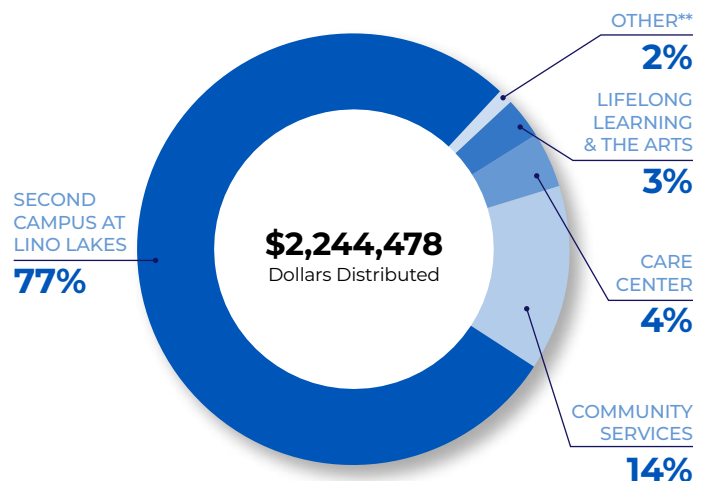
Sources of Donations

January–December 2021



Lyngblomsten Foundation Distribution to Lyngblomsten Programs

January–December 2021



**Spiritual Care, Lyngblomsten Apartments, Good Samaritan Fund, and Annuity Interest

Lyngblomsten's Member Congregations



The year indicates when the church became a member.

Amazing Grace Lutheran
Inver Grove Heights, 2007

Augustana Lutheran
St. Paul, 2002

**Bethlehem Lutheran in the
Midway**
St. Paul, 1962

Centennial United Methodist
Roseville, 2000

Christ on Capitol Hill
St. Paul, 1961

**Community of Grace
Lutheran**
White Bear Lake, 1998

Como Park Lutheran
St. Paul, 1960

**Falcon Heights United Church
of Christ**
Falcon Heights, 1999

Gloria Dei Lutheran
St. Paul, 1985

Gustavus Adolphus Lutheran
St. Paul, 1988

Holy Childhood Catholic
St. Paul, 1991

Immanuel Lutheran
St. Paul, 1960

Incarnation Lutheran
Shoreview, 1990

Jehovah Lutheran
St. Paul, 1995

Lakeview Lutheran
St. Paul, 1960

**Lutheran Church of the
Redeemer**
St. Paul, 1998

North Heights Lutheran
Roseville/Arden Hills, 1975

Prince of Peace Lutheran
Roseville, 1961

Redeemer Lutheran
White Bear Lake, 1960

Roseville Lutheran
Roseville, 1975

St. Andrew's Lutheran
Mahtomedi, 1991

St. Anthony Park Lutheran
St. Paul, 1960

St. Mark Lutheran
St. Paul, 1962

St. Timothy Lutheran
St. Paul, 1961

Salem Lutheran
West St. Paul, 1965

Our Mission

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles

For our **participants**, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants' **families**, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our **employees**, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our **community** of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one's personal ministry by enhancing the lives of older adults.

Lyngblomsten Board of Directors

2021-2022

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Kim Donat
*Vice Chair &
Secretary*

David Christianson
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Jeff Heinecke
Rev. Ivy Huston
Dr. Mark Knudson

Amy Korzenowski
Gretchen LaBelle
Paulette Olsen
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Peter Polga
Elaine Prickel
Mike Santoro

Our Pillars

Influenced by Christ
Innovation & Leadership
Resources & Support
Person-Centered & Dignity-
Enhancing Experiences
Engaged Lifestyle (Author Your Life)



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