

Caring for Others? We're Here to Help.

CAREGIVER SERVICES



Are you or someone you know helping an older adult who is your spouse, partner, family member, friend, or neighbor and you're looking to connect for support?

*Specializing
in memory
loss caregiver
support*

**Give us a call.
We'll help you
navigate the journey.**

Care for yourself as you care for others.

Lyngblomsten Community Service's Caregiver Services team is here to help you on your caregiving journey. Our staff are providing individualized support and resources to caregivers in person, over the phone, via email, and online via Zoom.

Connect with us for:

- **Education and Access to Resources**
- **Memory Loss Caregiver Support Groups**

The Gathering

In-person group respite program for people living with memory loss

Don't know what you need?

Connect with us. Our trained staff are here to listen and will help you take the next step on your journey.



For more information:

Lyngblomsten Community Services

(651) 632-5320 | caregiving@lyngblomsten.org | www.lyngblomsten.org/caregiving

Lyngblomsten Caregiver Services is supported, in part, by gifts made to the Lyngblomsten Foundation and is funded under an award with Trellis as part of the Older Americans Act.

