



May 17, 2023



Dear Friend,

When an artist walks into a resident’s room with a colorful collection of art materials and asks, “Do you want to make something with me?,” the resident relaxes.

Most of the time when someone enters their room, residents are expecting to hear what they always hear. It’s almost always about medication, a health issue, or a toilet check—but never about art.

That is why I am writing and asking you to make a gift to help provide joy and friendship and promote better health for a Lyngblomsten Care Center resident. You can help bring these benefits right to where a resident is—in his or her room.

Let me give you a real-life example. Let’s call him John.

John’s mind is active, but his body doesn’t allow him to get around easily. Often, he finds it easier to just stay in his room. John has family, and they care about him, but they are busy, so visits are rare.

John doesn’t get many opportunities to just sit and talk with someone about something other than his health or daily needs. His world has become very small. Sometimes he is sad and bored and wishes for more interactions and mental stimulation.

We all know that growing older is not easy, and it seems as if much is taken away. There is a way that you can bring something back!

**For just \$55, you can give a resident a one-on-one art session through our new Art With You program.** Your gift will provide all the paint, brushes, pencils, paper, and clay needed to create a painting, a card for a loved one, a written story, or a small piece of

*over, please >>*

**I will provide unexpected joy for a care center resident!**

**Yes!** Please use my gift to provide a one-on-one art session for a resident and to support all the work of Lyngblomsten’s Lifelong Learning and the Arts program.

**Enclosed is my gift of:**

- \$55 to provide one session of art and joy
- \$110 to provide two sessions of art and joy
- \$165 to provide three sessions of art and joy
- \$220 to provide four sessions of art and joy
- \$\_\_\_\_\_ as my best gift to provide art sessions and joy

I am giving by:  Check  Credit card  DAF\*\*  Stock\*\*  IRA\*\*

\*\*Please notify us with details.



1415 Almond Avenue  
St. Paul, MN 55108  
(651) 632-5319

*Please complete information on the back of this form.*

Name \_\_\_\_\_  
Address \_\_\_\_\_

pottery. Your gift also provides a professional artist who brings creative skill *and* conversation about something beyond health issues.

But wait! There's more! Your gift means a visit focusing on creative fun, not something medical or invasive. It means doing something that stimulates cognition. It means moving arms and hands. It means creating something to give away or display. Your gift means a reduction in perception of pain, if only for a while. It means loneliness has given way to companionship.

When the artist walks in, something happens beyond the art. A resident is now deciding what to make, exploring what colors or words to use, or thinking about who he is creating for. And he is doing this with another person.

Will you please send a gift to provide one session—or more—of art and joy? When you make a gift, you give John, and other care center residents, a space that is a little brighter, a little bigger, right where they are.

**When a resident's room is their world, and they are often alone in it, you can help bring conversation, promote better health, and provide unexpected joy.**

Please make your gift today so residents can benefit tomorrow.

Sincerely,



Tim Overweg  
Executive Director – Lyngblomsten Foundation  
(651) 632-5319 toverweg@lyngblomsten.org

P.S. Your gift will provide an enjoyable conversation and individualized artistic expression. **It would be most helpful if you would send your gift before June 23.** You can also securely donate online at [www.lyngblomsten.org/SupportArtWithYou](http://www.lyngblomsten.org/SupportArtWithYou)



The Lyngblomsten Foundation supports the Mission of Lyngblomsten:  
*Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.*

**I will provide unexpected joy for a care center resident!**

(Continued from other side)

Make checks payable to **Lyngblomsten Foundation.**

To make a secure gift online, go to **[www.Lyngblomsten.org/SupportArtWithYou](http://www.Lyngblomsten.org/SupportArtWithYou)**

GIVING BY CREDIT CARD:

Visa  Mastercard  Amex  Discover

This gift is a:  One-time gift.

Monthly gift. Please charge my card on the  
\_1<sup>st</sup> or \_15<sup>th</sup> of the month.

Name on Card: \_\_\_\_\_

Expiration: \_\_\_\_\_

Card #: \_\_\_\_\_

CVC: \_\_\_\_\_

Signature: \_\_\_\_\_

*John's story is a compilation of residents' stories.*

*Your gift to the Lyngblomsten Foundation is tax-deductible as allowed by law. If donations exceed what is needed for this program, gifts will be used to meet the most urgent needs. Lyngblomsten Foundation is a 501(c)(3) organization.*