



Steadfast

*Like the sturdy lyng flower of our namesake,
we persevere in our mission.*



CORPORATE ANNUAL SUMMARY
For the year ended December 31, 2019

Steadfast

Therefore, be steadfast, immovable, always excelling in the work of the Lord,
because you know that in the Lord your labor is not in vain.

—1 Corinthians 15:58

Dear Friends of Lyngblomsten,

In light of the COVID-19 pandemic, we especially appreciate the blessings bestowed upon Lyngblomsten as we reflect on this past year and what we have accomplished together on our Como Park campus, in the broader community, and toward a second campus.

In 2019, two priorities for our Como Park campus were the renovation of our care center and fundraising through a capital campaign to support those renovations. Through the efforts of our hardworking staff and dedicated supporters, we made great progress in both priorities. The care center renovations are exceeding our expectations to enhance our residents' quality of life. Our capital campaign began strong, and finishing even stronger remains important to our success. With hard work and patience, we expect both projects to be completed in 2020.

Lyngblomsten is different. One reason is our care beyond the walls of our buildings. Quarantine and social distancing are raising awareness in the general public about the negative impact of isolation. For many years, we have been developing and providing services to combat isolation within the older adult population and their caregivers. We are proud of the growth of our 2nd Half with Lyngblomsten life enrichment programs and innovative uses of technology like eRespite for caregiver support. We will continue to explore creative ways to serve and connect.

Our land purchase in Lino Lakes, Minnesota, is a bold step toward building a second campus. Prospective tenants have expressed strong interest, and we remain optimistic that we will break ground in 2020. Our new campus will create another hub to engage older adults through multiple relationships—as residents in our buildings or as participants in programs on and off campus. We want to bring together churches, volunteers, and older adults to create a strong community in Lino Lakes just as we have created in Como Park.

We are immensely grateful for you and your belief in Lyngblomsten's mission. Our quality care and innovative services are a result of supporters like you. While we can't know what the future holds, we do know that Lyngblomsten has navigated challenges for 114 years, and we will continue to do so—together and steadfastly.

In Christ,



Jeffrey Heinecke
President & CEO



Trupti Storlie
Board Chair



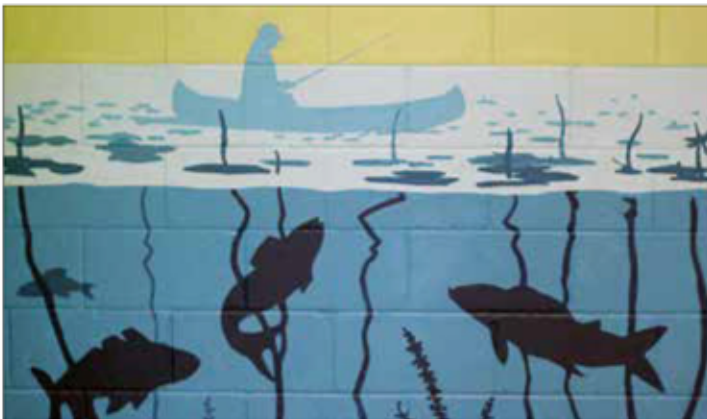
Highlights from 2019



Lyngblomsten Apartment tenants starred in a cabaret performance featuring songs and storytelling from their lives.

Residential Services

- Building on interest in creative writing programming, the Lyngblomsten Apartments hosted its first cabaret program, which invited participants to share their life stories and meaningful songs with audiences on and off campus.
- The Lyngblomsten Apartments passed an inspection by the U.S. Department of Housing and Urban Development's Real Estate Assessment Center (REAC). The REAC inspection, which typically takes place every 3–5 years, evaluated the physical condition and maintenance of the apartment building.
- Working with a local teaching artist, tenants of The Heritage at Lyngblomsten created the *Travel the Northern Minnesota Trail* mural and art installation in The Heritage's tunnel connection to the care center. The display features imagery of wildlife and wilderness scenes painted on the wall, accentuated by wildlife painted on canvas.



The *Travel the Northern Minnesota Trail* art display includes a mural and art pieces created by teaching artists and Lyngblomsten community members.

- Progress on the renovation of the Lyngblomsten Care Center continued in 2019. Included in the renovation of the memory care unit on fourth floor of the North Building was the installation of a digital lighted ceiling featuring imagery of the sky. The South Building has been renovated, including corridors, kitchens, dining rooms, living rooms, and nursing stations. Resident rooms received a new coat of paint and new flooring. A new generator was installed to replace an aging model, and new windows were installed in the North Building. When renovation concludes in 2020, nearly every space of the care center will have been refreshed.
- Substantial progress was made toward planning and preparing to build a second campus. Land was purchased in Lino Lakes, and the vision is to build a continuum-of-care senior living campus consisting of independent townhomes and apartments, assisted living apartments, and memory care units, along with a robust offering of amenities and a hub for 2nd Half with Lyngblomsten community services.



A rendering of the main entrance of Lyngblomsten's proposed campus in Lino Lakes.

Community Services

- Lyngblomsten Community Services celebrated its 40th anniversary, marking four decades of successfully providing supportive services and programs to help older adults age well in the community.
- Care Ministry Network, Lyngblomsten's online training platform for church volunteers, launched in spring 2019. The platform replaced the Care Team Ministry program and welcomed 10 churches as participants.
- The In-Home Respite pilot program wrapped up in 2019. The program brought trained volunteers into the homes of older adults living with memory loss to provide respite for a few hours.

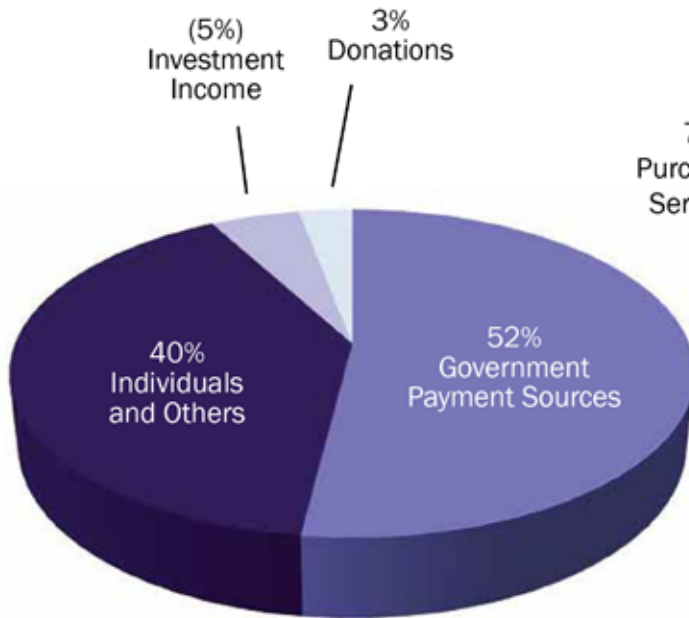
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Lyngblomsten Corporate

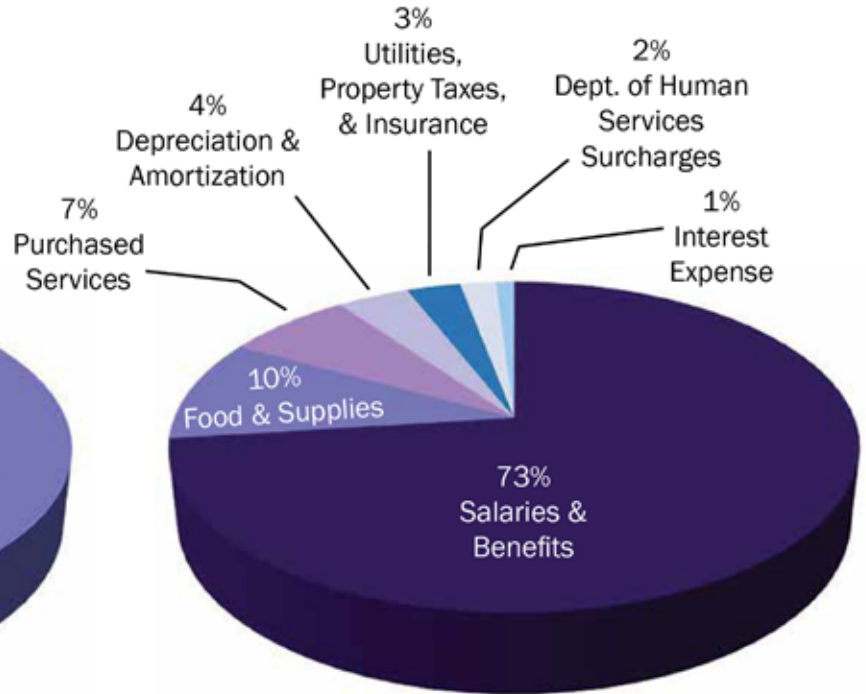
Financials

January–December 2019

Revenues



Expenses



People Served

January–December 2019

Community Services (2nd Half with Lyngblomsten)	1,174 persons
Home Health Services	143 persons
Lyngblomsten Care Center	593 persons
Lyngblomsten Apartments.....	134 persons
The Heritage at Lyngblomsten	76 persons
eMenuCHOICE®	59,389 persons

Lyngblomsten Board of Directors | 2019–2020

Trupti Storlie – Chair

Rev. Martin Ericson – Vice Chair

Kim Donat – Secretary

David Christianson – Treasurer

Pam Dragseth

Jeff Heinecke

Rev. Joy Johnson

Pete Keely

Gretchen Mann

Chuck Norton

John Peck

Elaine Prickel

Mike Santoro

Community Engagement

Fundraising Statistics

January–December 2019

Total Gifts Received	\$1,126,146
Total # of Donors	621
Total # of Gifts.....	1,356

Memberships

Heritage Society: Lifetime membership granted to donors who include Lyngblomsten in their will or estate plan

# of Members.....	46
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President’s Club: Annual membership granted to donors giving \$1,000 or more during the fundraising year

# of Members.....	80
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Volunteer & Corporate Engagement Statistics

January–December 2019

Total # of Volunteers	1,121
(includes 574 ongoing volunteers and 547 one-time volunteers)	
Total # of Hours Volunteered	32,584
# of Volunteer Groups	56
(includes corporate, civic, church, and school volunteers)	
# of Sponsors	20
# of \$1,000 Youth Volunteer Scholarships Awarded.....	4

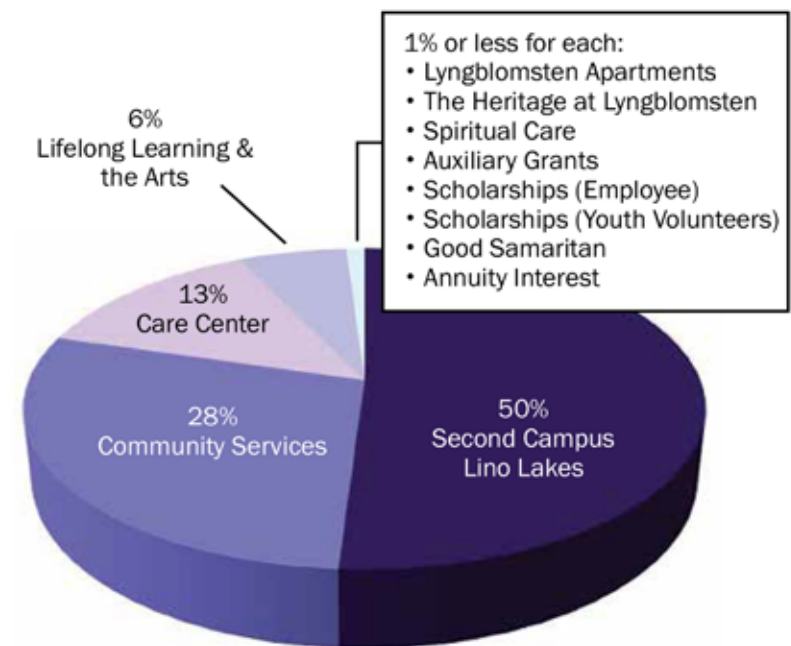
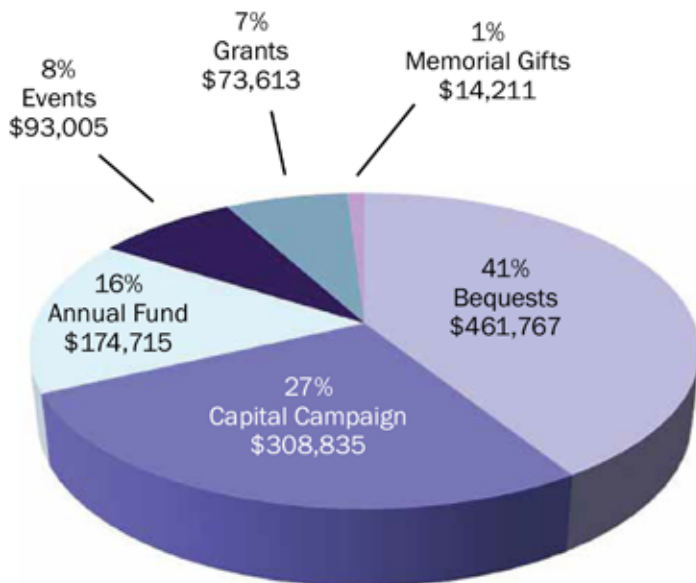
Lyngblomsten Foundation Distribution to Lyngblomsten Programs

January–December 2019

Total Dollars Distributed.....\$2,018,315

Sources of Donations

January–December 2019



Lyngblomsten Foundation Board of Directors | 2019–2020

Deb George — Chair

Todd Readinger — Vice Chair

Peter Polga — Secretary/Treasurer

Adam Gillette

Jeff Heinecke

Brad Jacobson

Juliane Kvalbein

Jean Larson

Andy Marden

Patricia Montgomery

Julie Omland

Marsha Skogheim

Trupti Storlie

Highlights from 2019, cont'd

Community Services (cont'd)

- Interest in evidence-based wellness programs continues to grow. Partnerships with community organizations and increased volunteer involvement have given way to a more sustainable model for offering these programs.
- A research study undertaken by U of M Emeritus Associate Professor Dr. Les Grant with participants of 2nd Half with Lyngblomsten showed the programs have positive impact on psychosocial needs (e.g., social connection) and instrumental needs (e.g., caregiver support and respite). The key finding is that greater participation in 2nd Half programs enhances the aging experience.



2nd Half participants perform scenes as part of the Minnesota Opera presents the Story and Music of *La Traviata* program.

Community Engagement

- More than 1,700 people gave their time and/or treasure to support the mission of Lyngblomsten. See page 5 for details.
- Donald and Luella Zibell were presented the Anna Quale Fergstad Award for Distinguished Service in recognition of their generous sharing of time and treasure with Lyngblomsten since the early 1980s.
- The *Our Turn in History* Capital Campaign entered its second year, raising funds for the renovation of the Lyngblomsten Care Center.
- As part of the effort to reposition the Lyngblomsten Foundation, work began on emphasizing donor relationships in an effort to better match giving opportunities with donors' interests.
- Volunteer Services revamped the Volunteer Handbook and implemented a new volunteer status of Alumni for those who are no longer able to volunteer but wish to maintain their valued connection to Lyngblomsten.



A plethora of volunteers made a difference at Lyngblomsten, including corporate groups who helped with gardening, bingo, and more.

Other

- Fueled by growth from existing customer organizations and bolstered by strong demand from PointClickCare users, eMenuCHOICE® expanded its client base to 158 communities in 2019 (up from 79 sites in 2018). eMenuCHOICE now has customers in 28 U.S. states (up from 11 states in 2018) and has expanded into Canada with three communities in Ontario.
- Lyngblomsten collaborated with more than 50 local teaching artists and arts organizations to offer Lifelong Learning and the Arts programs, including more than 60 classes and workshops.
- Lyngblomsten was selected as a pilot site for NextGen, a program offered through TimeSlips, a nonprofit organization that provides training and resources for senior care organizations that emphasize creativity to bring meaning to aging. As a site, Lyngblomsten will host Macalester College students for creative programming with residents.



Dancers take to the stage as part of the Mid-Summer Festival, Lyngblomsten's annual celebration of arts and lifelong learning.

Our Turn in History



Left: The care center lobby features a new look. **Right:** A digital skylight has been installed on the Stanford Neighborhood ceiling.

Renovation of the Lyngblomsten Care Center is made possible in part by generous people who have designated donations to the Lyngblomsten Foundation. The *Our Turn in History* Capital Campaign continues. You can be part of upgrading our physical environment and positively impact the experience of Lyngblomsten residents for years to come.

Please consider a donation to the Lyngblomsten Foundation. There are many ways to contribute, including cash, pledge, DAF, IRA, and stock gifts. Visit www.lyngblomsten.org/donate and select “Capital Campaign: Our Turn in History” to make a gift. Or mail your donation to Lyngblomsten Foundation, ATTN: Capital Campaign, 1415 Almond Avenue, St. Paul, MN 55108.

Lyngblomsten serving steadfastly during COVID-19



Since its founding in 1906, Lyngblomsten has weathered a host of challenges—a fact often reflected in the pages of its Corporate Annual Reports. In 1944, President Mrs. A.T. Grotte acknowledged the strain the Second World War had imposed on Lyngblomsten, from stricter food rationing to shortages of workers and supplies. In his 1966 Administrator’s Report, Pastor G.P. Reiff wondered whether government programs like Medicare (then a year old) would do away with Lyngblomsten’s personalized care and Christian service. And in 2008, President/CEO Paul Mikelson and Board Chair Julie Antolak acknowledged the toll the Great Recession of 2008 had taken on Lyngblomsten’s finances.

As 2020 began, Lyngblomsten faced a crisis of global proportion: the Coronavirus Disease 2019 (COVID-19) pandemic, arguably the most challenging in recent history. COVID-19 has radically impacted the way Lyngblomsten serves older adults, their families, and the community. At the time of this report going to press in mid-April 2020, there are no COVID-19 cases on campus. Even so, Lyngblomsten has instituted a number of changes to its campus policies, practices, and programs to help protect our older adults from the virus.

In true Lyngblomsten fashion, staff have pulled together, embracing the multitude of changes and finding creative alternative ways to care for, connect, and engage the older adults we serve. We pray—and ask you to pray—for a swift end to the pandemic.

Lyngblomsten's Member Congregations

The year indicates when the church became a member.

Amazing Grace Lutheran
Inver Grove Heights, 2007

Augustana Lutheran
West St. Paul, 2002

Bethlehem Lutheran in the Midway
St. Paul, 1962

Centennial United Methodist
Roseville, 2000

Christ Lutheran on Capitol Hill
St. Paul, 1961

Community of Grace Lutheran
White Bear Lake, 1998

Como Park Lutheran
St. Paul, 1960

Falcon Heights United Church of Christ
Falcon Heights, 1999

Gloria Dei Lutheran
St. Paul, 1985

Gustavus Adolphus Lutheran
St. Paul, 1988

Holy Childhood Catholic
St. Paul, 1991

Immanuel Lutheran
St. Paul, 1960

Incarnation Lutheran
Shoreview, 1990

Jehovah Lutheran
St. Paul, 1995

Lakeview Lutheran
St. Paul, 1960

Lutheran Church of the Redeemer
St. Paul, 1998

North Heights Lutheran
Roseville/Arden Hills, 1975

Prince of Peace Lutheran
Roseville, 1961

Redeemer Lutheran
White Bear Lake, 1960

Roseville Lutheran
Roseville, 1975

St. Andrew's Lutheran
Mahtomedi, 1991

St. Anthony Park Lutheran
St. Paul, 1960

St. Mark Lutheran
St. Paul, 1962

St. Timothy Lutheran
St. Paul, 1961

Salem Lutheran
West St. Paul, 1965

Our Mission

Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

Our Guiding Principles

For our **participants**, Lyngblomsten promotes dignity through informed choices for living options, respecting individuality, and orchestrating the best life possible.

For our participants' **families**, Lyngblomsten supports their needs through careful listening, traveling alongside them as they walk the journey with their loved ones.

For our **employees**, Lyngblomsten strives to foster an environment that encourages compassionate caregiving, innovative thinking, problem-solving, and opportunity seeking.

Through our **community** of donors, volunteers, corporate congregations, and socially responsible corporations, Lyngblomsten encourages the individual to live one's personal ministry by enhancing the lives of older adults.

Our Pillars

- Influenced by Christ
- Innovation & Leadership
- Resources & Support
- Person-Centered & Dignity-Enhancing Experiences
- Engaged Lifestyle (Author Your Life)

Happy 60th Anniversary,
Member Congregations!
1960-2020



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