

# 10 Signs of Dementia Online Class



**Monday, February 3, 2025**

**1–2 PM**

***Online via Zoom***

## **Why is brain stimulation so important for those experiencing memory loss?**

In this online class, we'll discuss 10 signs of dementia and the importance of brain stimulation early on in a person's journey with dementia (including those who have been diagnosed with mild cognitive impairment). Learn about activities and resources that are available, including the Memory Collective, an enrichment program offered through Lyngblomsten Community Services.

**Presenter:** Carolyn Klaver, RN, Community Dementia Care Specialist, Lyngblomsten Community Services

Carolyn has nearly two decades of experience working with individuals who have memory loss, their families, and their caregivers. She is certified as a Dementia Capable Caregiver Coach, Family Memory Care Consultant, and REACH Coach.

**Fee:** Program is FREE and open to the community.

**To request the link to the Zoom session or  
for more information, contact:**

Lyngblomsten Community Services  
(651) 632-5330 | [communityservices@lyngblomsten.org](mailto:communityservices@lyngblomsten.org)

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Presented by:

